

New DfE PSHE Draft Statutory Guidance (2018) – Key Stage 3

Mental Wellbeing

- ✓ How to talk about emotions accurately and sensitively, using appropriate vocabulary
- ✓ That happiness is linked to being connected to others
- ✓ How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health

Respectful relationships, including friendships

- ✓ The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship
- ✓ Practical steps they can take in a range of different contexts to improve or support respectful relationships
- ✓ How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice)
- ✓ That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others.
- ✓ About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help
- ✓ The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal

Citizenship (Statutory, 2013) – Key Stage 3

- ✓ The need for mutual respect and understanding
- ✓ The legal system in the UK, different sources of law and how the law helps society deal with complex problems.
- ✓ The different ways in which a citizen can contribute to the improvement of their community, to include the opportunity to participate actively in community volunteering, as well as other forms of responsible activity